



## *bloodline* network newsletter

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### A CHANGE OF HEART

*‘And Jesus answered him, “The first of all the commandments is: ‘Hear, O Israel, the LORD your God, the LORD is one. And you shall love the LORD your God with all your heart, with all your soul, with all your mind, and with all your strength.’ This is the first commandment. And the second is like it, is this: ‘You shall love your neighbor as yourself.’ There is no other commandment greater than these.”’*

If you love God then you obey Him with ALL of your heart, soul, mind and strength—ALL of your being loves God above anything else you do. You are determined to keep His Word. Loving your neighbor is an indicator of your love for God: *“He who does not love his brother whom he has seen, how can he love God whom he has not seen?”*

God searches man’s heart. Of David He testifies, *“I have found David the son of Jesse, a man after My own heart, who will do all My will.”* David had a heart not only desiring to know the will of God but determined to do every portion of it. He set up a tent to house the Ark of God in the Earth. Although the Ark found a resting place at Jerusalem, it found a truly devoted heart in David.

David accessed the heart of God because he did His will and doing it with ALL his heart uncovered his purpose. If you seek God with the same passion as David, then you are determined to do ALL His will and likewise access the eternal realm of God’s purpose tabernacled in you!

God views a change of heart as extremely significant. He will reverse a plan of judgment on nations or people solely on their humble response. If man’s heart is transformed then everything else changes as well because the heart motivates the way he thinks, speaks and behaves.

The heart is important for the wellbeing of the body. Medical researchers describe its function as an organ with the ability to learn, think and remember—regardless of the condition of the brain. It has its very own nervous system to make decisions and communicate them to the brain—it even senses and feels! God esteems *“a change of heart”* because He knows it involves your logic; meaning that your reasoning influences your choices, affects your emotions, and redefines how you perceive reality.

*“For the Word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.”*

The Word operates in your heart to isolate what you think from how you feel by weighing ponderings against motivation—and ultimately your heart determines your true meaning and purpose in life. The Word effectively does this because the heart understands and interprets the language of the Spirit. Your heart not only lets you feel emotions, but actually has the extraordinary capability of analyzing information, distributing data and communicating with the brain.

Compelling medical evidence confirms the heart’s tremendous influence over the mind and its affect on your decisions and choices. You probably have felt an inner knowing or a small voice urging you to do something differently. The Spirit of God communes with your heart and the “*goodness of God*” prompts you to change. He influences your emotions and thoughts, and even writes His Word in you. Consequently your heart reveals the core issues of your life—what’s really important to you.

*“Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers. For I rejoiced greatly when brethren came and testified of the truth that is in you, just as you walk in the truth. I have no greater joy than to hear that my children walk in truth.”*

The Apostle John writes of the measure of truth in Gaius, that he ‘walked the talk’ and the news gave John tremendous joy. He wants Gaius to remember that if you “*walk in the truth*” then you prosper in everything—specifically singling out his health. John knew two millennium before science even developed a means of measuring human energy that positive words and thoughts increased man’s vitality and energy field.

How you experience passion and truth affects your health. If you are subject to negative emotions such as anger or rage, it literally changes your heart rate which not only disturbs your wellbeing but puts distress on the heart and blood vessels to the extent of causing deterioration. Yet you can reverse the damaging effects with positive emotions such as love or gratitude, and actually feel it in your heart. A simple act of generating love towards people or even pets will calm your heart and soothe your nerves.

Just as the Apostle John implied—the heart sets the rhythm for the body. If your heart is at peace, your whole body functions in balanced harmony and pulsates with the frequency of God’s heartbeat. The same ebb and flow of life that vibrates in the intricate symphony of the universe finds expression in you—its vibration is your distinct energy field.

Science is able to measure the energy field of the heart up to ten feet away from the body! This is incredible technology! This may even explain why man has the ability to affect the mood of the people around him—either projecting positive healing emotions such as love and peace, or depressive negativity that often surfaces as unenthusiastic or disapproving.

Whatever is in you is your essence—you cannot release love unless love is in you. If you have love in you then your upbeat heart activates the energy field in others with an air of encouragement

and cooperation that is literally felt by those around you. If you lack love the pervading air feels more like disagreeableness or unhelpfulness, etc. and the oppression is stifling regardless if it's coming from you or someone else. When your heart is harmonious to the Spirit, you are profiting and benefiting physically, spiritually and vocationally—you allow His grace to balance you in every area of your life.

It is not surprising then that those who determine to “*love the Lord with ALL their heart*” change from the inside out. Love causes the greatest transformation in you. If loving God becomes your motivation, then it initiates a change in your reactions, responses and attitudes. What once had been your habitual lifestyle has a transforming breakthrough—you become new!

The neural pathways are strengthened by reason of use—the continual repetition of a certain response to an emotion creates a strong link or habit and you do it without even thinking—much like ‘auto pilot.’ Once the pathway is habitually strengthened through constant use it is nearly impossible to break. This is why addictions are so difficult to stop—they’re done without conscious thought! You can try to discipline yourself but it only is effective if you’re determined to put your whole heart into changing how you behave.

Hollywood cleverly portrayed this (although some of their humor was deplorable). They contrasted living your life wholeheartedly or remotely—being involved with everyday decisions or vaguely engaged through use of a ‘universal remote.’ Once the remote had his everyday habits programmed, it went into ‘auto pilot’ and raced forward only to have him awoken at particular goal achievements; otherwise remaining in a stupor—unable to deviate from his routine.

That seems to be what happened to mankind. Isaiah writes, “*These people draw near to Me with their mouth and honor Me with their lips, but their heart is far from Me.*” Remotely worshiping God without ALL their heart is the same as functioning on ‘auto pilot’—it’s done as a habit and not as the expression of love. Mankind cruised along on ‘auto pilot’ and centuries slipped by—hundreds of silent years. God said he abhorred their behavior, yet mankind could not wake up!

You cannot ‘change your behavior’ using the same ‘set of neurons’ you started with, (rephrasing a familiar Einstein quote). God changed the universal remoteness of mankind in Jesus. In Him was the power and the glory ... in Him was a new beginning. An infusion of power broke through the existing energy levels of a religion system with the potential to jumpstart man’s spirituality. His act of love awakened mankind from his stupor. Your level of awareness increases in direct proportion to the amount of ‘heart’ you put into what you do. If your heart is determined, it motivates change and you breakthrough damaging habits to prosper—to exuberantly live life to the fullest in Him!

The heart initiates lasting change spiritually and physically. “*I have inclined my heart to perform Your statutes forever, to the very end.*” It literally has cellular memory that continually reminds you of your heartfelt decision to change—strengthening new pathways while the old links (or wine skins) deteriorate from lack of use.

“*For God so loved the world that He gave His only Son, that whoever believes in Him should not perish but have everlasting life.*” God loved His creation through His Son ... it was the story of His heart sung in the Earth ... the expression of Who He is in a composition that could be understood by

every man. Love is a universal language—it is an emotion that is comprehensible and not only stirs man’s heart but also empowers him to do great exploits on a daily basis for those they love.

Whoever believes God and keeps His commandments chooses life. Choosing life or death begins with your everyday choices as Ronald Reagan said, “The character that takes command in moments of crucial choices has already been determined by a thousand other choices made earlier in seemingly unimportant moments. It has been determined by all the ‘little’ choices of years past—by all those times when the voice of conscience was at war with the voice of temptation ... whispering the lie that ‘it really doesn’t matter.’ It has been determined by all the day-to-day decisions made when life seemed easy and crises seemed far away—the decisions that, piece by piece, bit by bit, developed habits of discipline or of laziness; habits of self-sacrifice or self-indulgence; habits of duty and honor and integrity—or dishonor and shame.” You are determined to make good choices.

The difference between life and death is in your choice of response—your heart chooses to love or not to love God. The more you practice doing what is right, the more you reinforce the pathways of virtue—bridging your future with pillars that support a strong character link to God.

Reactions should fit the situation. Behavioral issues are really heart issues. Therefore broadening your emotional vocabulary gives you a means to accurately interpret situations. Sometimes you’re merely a tad ruffled or a little concerned; but if your programmed response only knows anger—every situation is a crisis.

Your choice of reaction or behavior should be relevant. Rage at someone accidentally spilling your coffee is over-reacting and inappropriate. Yet if you were with Colonel Chamberlain and reduced to fighting with mere bayonets; rage may be a very potent reaction in your all-out charge against insurmountable odds. They held the last line of defense at Gettysburg and caused the Confederates to abandon the assault; a defeat would have allowed the Confederates to breakthrough the line and overtake the Union army from behind. Chamberlain’s rage fueled their perseverance.

*“We also who have the first fruits of the Spirit, even we ourselves groan within ourselves, eagerly waiting for the adoption, the redemption of our bodies ... For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered. Now He who searches the hearts knows what the mind of the Spirit is, because He makes intercession for the saints according to the will of God.”*

The residual affects from stress and anxiety need to be continually eliminated from your body and not relegated to “*the twinkling of an eye*” of some fly away moment in the future. “*He sent His word and healed them and delivered them from their destruction.*” If His Word resonates in you then the same power of that concept or virtue finds a connection in you and stretches you to complete wholeness and restoration of your heart, body, mind and strength.

The natural body has cellular memory that retained a history of your health—a law written in your ‘members’ that kept your body captive. The cure-all is meditation and the regenerating power of the Holy Spirit! That means that all types of meditation or specific times of praying in the language of His Spirit, (in “*other tongues as the Spirit gave utterance*”) are a hands-on spiritual therapy for removing any lingering addictions, including the deep and hidden damage of the “old

man.” It reverses the effects of sin because the higher energy of His Love overpowers the damaging lower frequencies. He literally overtakes you and His higher vibration sets you free!—”*the law of the Spirit of life in Christ Jesus has made you free from the law of sin and death.*”

“*God so loved the world.*” God is love. The way you develop more love, (more spiritual power and energy) is determining to keep His commandment to love Him with your ALL. “*If you keep My commandments, you will abide in My love.*” Love is the greatest commandment—it changes every dimension of your life. Solomon understood the principle of love and eloquently interpreted man’s ultimate goal, “*Let us hear the conclusion of the whole matter: Fear God and keep His commandments, for this is man’s ALL.*”

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Roger and Karen Roth are the set ministry of a local church in Northeastern Wisconsin. They are a ministry son of Dr. Hanby, and along with writing the Bloodline articles each month, they are directors of a portion of Dr. Hanby's ministry called THE FATHER'S HEART.

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